

Ceremony for the Integration of the Four Directions

- 1. Create your ceremonial space enclosed by its three circles as indicated.*
- 2. Then create a powerstack that will be behind your back when you lie down.*
- 3. Then create the powerstack that will be by your feet.*

Ceremonial Circle

Around the space where you will be lying, create three circles of wheels, and assemble the navel and feet powerstacks. Ensure that the inner circle is large enough for you to lie in, with legs straight. While we recommend you lay down, you may also perform this ceremony seated, in which case the “12 o’ clock” of the circles is not above your head, but straight ahead of you.

Inner Circle

Create the inner circle with the *24 Wheels of Veshba*. They will be in stacks of 2. Place wheel 1 and 2 above your head and lay out the remaining 11 pairs of wheels around you in a clockwise circle. (The lowest numbered wheel in each stack is always on top.)

Middle Circle

Create the middle circle with the *24 Wheels of Manasuch*. It also consists of 12 stacks of 2 wheels each.

Outer Circle

Create the outer circle with the *27 Wheels of Hurat*. Lay them around the outside of the other two circles in a clockwise manner. These wheels are laid out singly to create a larger circle.

POWERSTACK (NAVEL)

How to Create the Powerstack That Will Go Behind Your Back When You Lie Down

Create the powerstack by placing the power objects one on top of the other in the following order as given:

- On the bottom place the wheel that is (now) called *The Mystical Birth of Holy, Incorruptible Matter*
- On top of that place the *Powerwheel of Spirit*
- Then place the *Powerwheel to Restore All Parts of Body, Soul, Spirit and Akasha to Their Highest Function* (Seer's Note: the highest level of the two levels of Spirit is called Akasha)
- Then fourth from the bottom, place the *Sigils for Balancing Spirit*
- Next, place the names and sigils of the *27 Angels of Spirit* (first page –sigils 1 to 15– on top)
- Next, the *Wheel of the Balanced Self-Sovereignty of Soul*
- Then place the three maps of the nervous system:
Map of the Nervous System to Seal the Interdimensional Holes of the Sacrum (Bottom)
Map of the Nervous System to Seal the Interdimensional Holes of the Coccyx
Map of the Nervous System to Seal the Interdimensional Holes of the Brain Stem (Top)

Keep the *Sigil of the Angel Menekvi*, as well as the *Pranic Tube Sigils of Merging* next to you. (Seer's Note: Kavala Sparut Helsachvi = "Respectful Equality of Expression".)

POWERSTACK (FEET)

1. On the bottom: *Wheel of the Transfiguration Into Incorruptible Holy Matter* ("The Motivating Power of Evolution")
2. Then: *Wheel of the Symbol for the Wheels of Veshba*
3. *Wheel of the Symbol for the Wheels of Manasuch*
4. On top: *Wheel of the Symbol for the Wheels of Hurat*

THE CEREMONY

Premeditation

- Place yourself in a state of deep meditation by relaxing areas of bodily tension with deep breaths to breathe out stress.
 - Contemplate the innocence of existence; how an aspect of existence only becomes a tyrant when we judge one part of existence as having more value than another.
1. While in deep meditation, contemplate the opposite gender's qualities you have

within, realize how they make you a more complete individual if allowed to express. Surrender to the fact that anything wholesome that is authentically within, is rooted in holiness and cannot be suppressed by social norms or the social conditioning of others' propriety. That which you are, is your gift from the Creator. And that which you joyously and passionately expressed is your offering upon the altar of Infinite life.

The Next Step:

2. Speak the words

"Irakva menuvish arasva minasut"

"May the matter of my body transfigure through integrated oneness"

3. Look at the *Sigils of the Pranic Tube Merging* as you call their names. Envision the combined pranic tube and spinal cord merging and glowing together inside the spine.

4. Next envision the coiling serpents of the Ida and Pingala light up as you say these words:

"Machtu Anachve Hurasbi Sperare"

"Dynamic balance through oneness"

(Envision the illuminated Ida and Pingala **wind** around the merged spine and pranic tube.)

5. Call upon the *Angel of Oneness, Menekvi*, while looking at his sigil and instruct him to fully heal and activate the Ida and Pingala.

The Closing Using the Feet Stack

While listening to the Belvaspata healing music, with deep in-breaths pull the wheels from the stack below your feet, through your body one by one; in at the soles of your feet, and out through the crown, the top of your head. Starting with the *Hurat* wheel on top.

End the ceremony with this declaration

"Let the integration of body, soul, and both aspects of spirit transfigure my body into resurrected, eternal matter. May this refined instrument of my being, dance to the symphony of Infinite Intent."

"Erekvi Subavat Ereshvi"

"According to Divine Will"